

Swim England East Region (Level 3) Regional Age Group Diving Competitions 2018

Saturday 28th April 2018, 10:00 am – 8:00 pm &
Sunday 29th April 2018, 08:00 am – 5:00 pm

Southend Swimming & Diving Centre
Garon Park
Eastern Avenue
Southend on Sea
SS2 4FA

It is with great pleasure that we invite you and your divers to Southend to compete in the Swim England East Region Age Group (Level 3) Diving Competitions 2018. The East Region welcomes divers from outside the region to enter as guests. Regional medals will be presented to the top three divers from the East Region and any guest diver who is ranked in the first three places in the overall results will receive an appropriate commemorative medal.

Entry Closing Date: Saturday, 7th April 2018

Entry Fee: £10 per diver, per event.

Please send your entries by email to recording@lutondiving.co.uk, or by post to, Ian Rollinson, Swim England ER Age Groups Entry, 58 Hazelwood Close, Luton, Beds, LU2 8AR.

Please Note: **Individual** entries received by whatever means will **not** be accepted. Parents and divers please ask your coach to find out who is coordinating your club's entry and ensure that your entry is added to the divers listed on the appropriate official entry form being submitted by your club.

Where possible please pay online, using the following details:

Account: Swim England East Region,
Account No: 44046952,
Sort Code: 01 06 28
Reference: 4140 <club name>

Alternatively, payment may be made by cheque payable to 'Swim England East Region'; please confirm your selected method of payment by when sending your form.

Late entries may not be accepted and all fees must be paid in full before divers start training. The competition organisers reserve the right to limit entry numbers.

Confirmation of entries received, instructions for submission of dive sheets and a detailed timetable will all be published as soon as possible after the entry closing date. Apart from this, all the information you require is enclosed here, but if you should have any queries please do not hesitate to contact me by email or on 07715 535539.

We look forward to seeing you at the event.

Ian Rollinson
Event Co-ordinator
For and on behalf of the East Region Diving Committee

Swim England East Region (Level 3) Regional Age Group Diving Competitions 2018

General Event Conditions

- The competitions shall be conducted in accordance with ASA laws and F.I.N.A. Technical Rules for Diving.
- There shall be separate events for males and females.
- All ages are as at the 31st December in the year of competition.
- All competitions shall be promoted as 'Open' events with two separate entry categories.
- An individual entry for both entry categories will not be accepted.
- An entrant for a competition must be a Swim England registered category 2 member of the club they are representing or a Temporary Member of Swim England by the published closing date.
- A published 'Event Entry Pack' will give specific event conditions, test requirements and general event information.

Entry Categories:

East Region Entries

- Will be accepted from divers who are registered members of clubs affiliated to ASA East Region.
- An entered diver shall not have competed in the closed championships or competitions of another Region of the ASA in the same year other than as an individual member of a synchronised pair.

Guest Entries

- Will be accepted from divers who are registered members of any club affiliated to the ASA through their Regional Association, the Scottish or Welsh ASA or one of the countries affiliated to F.I.N.A.

Medals:

- Medals will be presented to the top three competitors from the East Region entries.
- A guest competitor who is ranked in the first three places in the overall results will receive an appropriate commemorative medal.

Eligibility:

Is 'open' to a Swim England East Region or Guest diver who has not previously entered:

- An individual competition at a British, National or Regional specified 'Elite' level event on a particular board.
- Any individual or synchronised competition at a British, National or Regional specified 'Senior' level event.

Please Note:

Coaches entering divers of an inappropriate standard in any East Region Diving Event may be approached by the Regional Diving Manager and given advice on competition selection.

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Age Groups for All Events

Group D – 9/10/11 Years
 Group C – 12/13 Years
 Group B – 14/15/ Years
 Group A – 16/17/18 Years

All ages are as at the 31st December in the year of competition.

Category	Board	Event Conditions	¹ National Standard
Age Group D	1m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.4 dd)	130
	3m	3 dives from 3 groups (5.7 dd) + 2 dives from 2 groups (4.6 dd)	135
	5m	3 dives from 3 groups (5.4 dd) + 2 dives from 2 groups (4.8 dd)	130
Age Group C	1m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd)	160
	3m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd)	165
	5m / 7.5m	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (7.8 dd)	160
Age Group B	1m	4 dives from 4 groups (7.5 dd) + 3 dives from 3 groups no limit	180 Girls 190 Boys
	3m	4 dives from 4 groups (7.9 dd) + 3 dives from 3 groups no limit	190 Girls 200 Boys
	5m / 7.5m / 10m	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups no limit	165 Girls 180 Boys
Age Group A	1m	5 dives from 5 groups (9.0 dd) + 3 dives from 3 groups no limit	210 Girls 230 Boys
	3m	5 dives from 5 groups (9.5 dd) + 3 dives from 3 groups no limit	220 Girls 245 Boys
	5m / 7.5m / 10m	4 dives from 4 groups (7.6 dd) + 3 dives from 3 groups no limit	190 Girls 215 Boys

Please Note:

¹ National Standard - For your information we have published the points required to meet the recommended National Standard. The publishing of these points does not imply you are required to meet this standard to dive in this Regional competition nor would achieving these points confer an automatic qualification to the Swim England Diving National Age Group Championships.

End.